



In the absence of Kidz Konnection classes we are providing a lesson for you to do with your children.

Bible story: Jesus Calms The Storm (Mark 4:35-41)

Jesus went with His disciples in a large boat. Jesus was very tired because He had spoken to many people that day. He decided to take a nap on the boat. While Jesus was sleeping, a storm blew in over the water. The waves and the wind were so strong the boat began to fill with water. Even though the disciples were very experienced with the sea, this really scared them. They woke Jesus and said, "Teacher, don't you even care if we drown?" Jesus spoke to the storm saying, "Quiet! Be still!" Then immediately it was calm. Jesus asked the disciples, "Why are you so afraid: Do you still have no faith?" The disciples looked at one another in amazement. They asked each other, "Who is this? Even the wind and the waves obey Him!"

What this means to us: When our lives seem "stormy" or difficult, we can always talk to God. He is always there. Our faith grows when we trust Him. If we go through hard times, we can pray about it. We can ask God for strength and courage...He will protect us. God will guide us and give us strength during difficult situations.

Bible verse: "But the Lord can be trusted to make you strong and protect you from harm." 2 Thessalonians 3:3 (paraphrase)

Practice Point: If you're afraid and you don't know what to do, pray for God's protection, He will get you through.

Activities to do at home:

- Practice the Bible verse and say it to two people this week.
- Draw a picture of something you are afraid of. Next, draw a big cross on top of the picture to remind you Jesus will always protect you.
- Take a walk outside with a family member. Talk about how God protects the plants and animals you see as you walk.